

Small Business Corporation
EMPLOYEE HEALTH, SAFETY AND WELFARE ACTIVITIES FOR CY 2022

Date of Activity	Name of Activity	Brief Details of Activity	Organizer	No. of Attendees
May 4, 2022 (2 batches – AM & PM)	Wellness Talks	Title: <i>Sustainable Healthy Lifestyle (Getting Fit the Right Way)</i> Resource Person: <i>Ms. Felicia Mae Yu, RND</i>	HRMDG in coordination with Medicaid	66
May 11, 2022 (2 batches – AM & PM)		Title: <i>Office Chair Yoga</i> Resource Person: <i>Ms. Victoria Soriano, YIN</i>		59
October 26, 2022	Safety Training	Basic First Aid Training (Day 1)	139 Corporate Center (facilitated by Philippine Red Cross)	2
October 27, 2022		Fire Prevention and Safety Program (Day 2)	139 Corporate Center (facilitated by Bureau of Fire Protection)	
Jan to Mar 2022	Annual Physical Exam	APE Coverage: <ul style="list-style-type: none"> • Medical History and Physical Examination • Chest X-Ray • Complete Blood Count (CBC) • Urinalysis • Fecalalysis • ECG – for 35 years old and above • Papsmear – for female employees, 35 years old & above • Additional Test: Fasting Blood Sugar, Lipid Profile, Blood Uric Acid 	SB Corp-HRMDG in coordination with MyHealth Clinic	46